



Monthly Events Calendar Whats on in August 2022...



Motivational Monday The Indi Club, Ralph Drive ST1 6HZ 10:00am - 4:00pm £15.00 Carers go free Lunch & refreshments included	Thriving Tuesday Trentham Academy 77 Allerton Road ST4 8PQ 12:30pm - 1:30pm £3.00 per person	Wellness Wednesday The Indi Club, Ralph Drive ST1 6HZ 10:00am - 4:00pm £15.00 Carers go free Lunch & refreshments included	Together Thursday The Indi Club, Ralph Drive ST1 6HZ 4:30pm - 8:30pm £3 pp Food & refreshments are available to purchase	Fun Friday The Indi Club, Ralph Drive ST1 6HZ 10:00am - 4:00pm £15.00 Carers go free Lunch & refreshments included
1st August AM: Sing-along with Louis Tasty BBQ Lunch PM: Disco Dancing & Fun Games	2nd August Swimming Session	3rd August AM: Gardening Club or Nature Walk 12:30pm-2:00pm: Clubbercise with ABSOD 2:00pm-4:00pm: Dominos Tournament	4th August Quiz Night & Disco Dancing	5th August 10:30am-12:00pm: Sports Session with SCFC 12:30pm-2:00pm: Crafts with Karen 2:00pm- 4:00pm: Basketball
8th August AM: Cook & Eat - Oatcake Day Celebrations 2:00pm - 3:00pm: Sports with Bee Active	9th August Swimming Session	10th August 10:00am-12:00pm: Visit to Newcastle Town Football Club 1:00-4:00pm: Summer Themed Painting Workshop	11th August Bingo & Karaoke	12th August 10:30am-12:00pm: Sports Session with SCFC 1:00pm-2:30pm: Fun Dance Session with ABSOD 2:30pm-4:00pm: Karaoke
15th August 11:00am-12:00pm: Music & Movement 1:00 -2:00pm: Visit from the Ambulance service 2:00pm-3:30pm: Tasty Afternoon Tea to celebrate Afternoon Tea Week.	16th August Swimming Session	17th August Wellbeing Wednesday with The Princes Trust AM: Cook & Eat - Delicious Cupcakes 12:30pm-2:00pm: Clubbercise with ABSOD	18th August Quiz Night & Disco Dancing	19th August Fun Friday with The Princes Trust 10:30am-12:00pm: Sports Session with SCFC
22nd August AM: Cook & Eat - Healthy Chicken Caesar Salad 2:00pm-3:00pm: Sports with Bee Active	23rd August Swimming Session	24th August AM: Gardening Club 1:00pm-2:00pm: Fun Circus Workshop with Performance Without Borders 2:00pm-4:00pm: Circus Themed Art Workshop	25th August Bingo & Karaoke	26th August 10:30am-12:00pm: Visit to Café Indi for Brunch *bring money for drinks* 1:00pm-2:30pm: Fun Dance session with ABSOD
29th August CLOSED BANK HOLIDAY	30th August Swimming Session	31st August AM: Cook & Eat - Yummy Layered Desserts 12:30pm-2:00pm: Clubbercise with ABSOD 2:00pm-4:00pm: Gardening Club or Nature Walk	1st September Family Bingo Night & Karaoke	2nd September 10:30am-12:00pm: Sports Session with Che 12:30pm: Pub Lunch *bring money for drinks* PM: Karaoke

Half day bookings are also available. To book on to an event* or for further information -
 Email: support@helpingangelsca.org.uk
 Call: 07709 716293 / 07709 716290/ 01782 212000

Our Sensory Room at Hanley Lodge is available for private bookings throughout Summer! To find out more or to book, please call 01782 273213.

*All bookings must be made in advance and are chargeable if not cancelled 24 hours ahead of the event.
 If you are having financial difficulties, please get in touch to discuss how we can help.



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